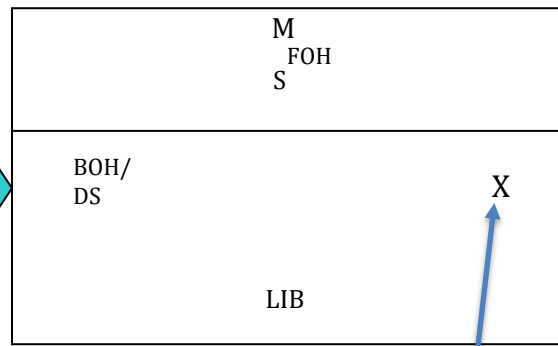
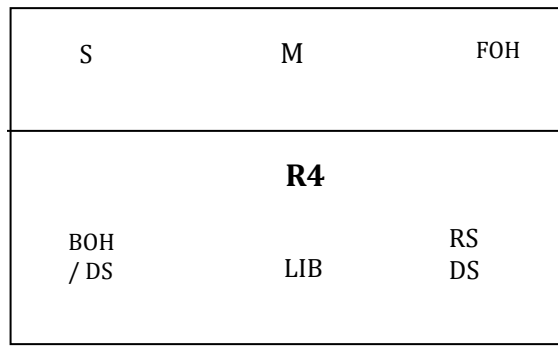


Defense Positioning on Serve

- In this rotation (R1) the FOH and Setter switch at net and go to block Stay for One on serve receive
- In all server situations, M dictates positioning and pushes or pull the others in front row
- All front row players should be facing the other court in a ready to block position while waiting for the serve, so they can focus on ball and not take their eyes off of it.
- Backrow wings stay high and LIB stays deep

NOTE: Your coach may choose to switch the LIB with the BOH/DS DS in their defensive positions

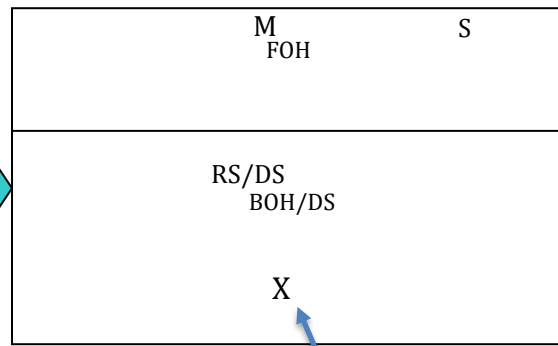
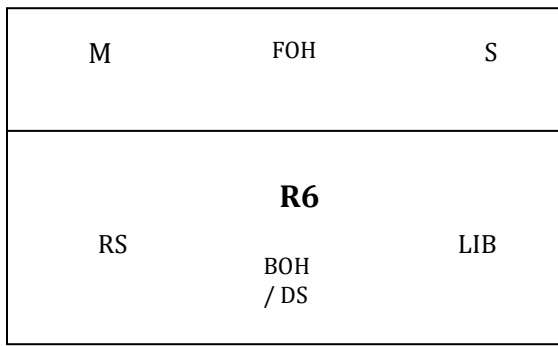
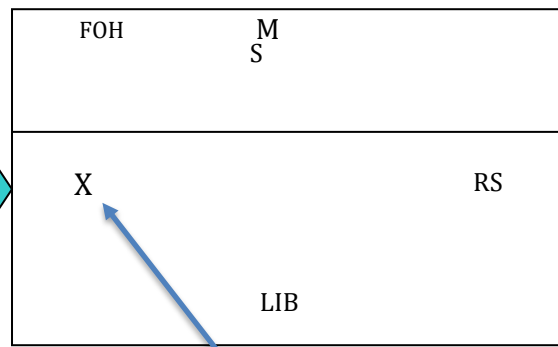
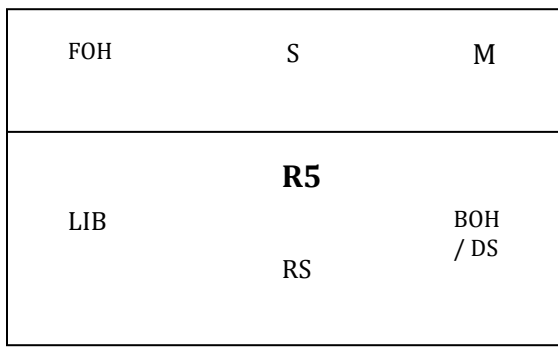
Legend S-Setter RS-Front Row Setter/Right Side LIB- Libero
 M-Front Middle BOH-Back Outside Hitter FOH-Front Outside Hitter



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Legend

| | | |
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